

Sept 30/92

All welcome to come out for Ontario hike day

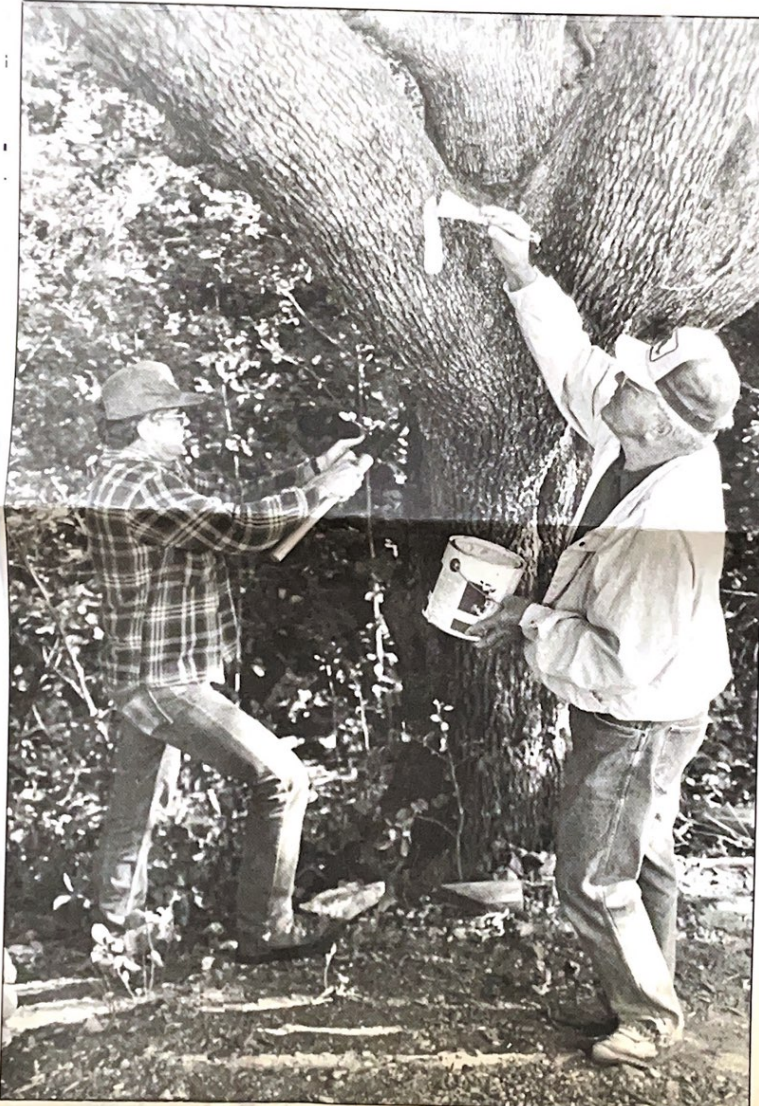


Photo by Mark Cripps
In preparation for Ontario Hike Day, Rod Lafontaine and Len Dodkin of the Maitland Trail Association white flash a new section of trail which was recently secured for use.

By MARK CRIPPS
Signal-Star Staff

On Sunday, Oct. 4, the Menesetung Bridge Association and the Maitland Trail Association invite everyone to come and celebrate Ontario Hiking Day.

The day, which is part of the Canada 125 celebrations, will include a hike from Goderich to Benmiller along the beautiful trails of the two associations.

Hikers can walk to their own pace on the Tiger Dunlop and Maitland Trails across the recently completed Menesetung Bridge. Car pick-ups have been arranged at different locations along the walk for those not wanting to make the entire trip.

Pick ups will be available at the Tiger Dunlop tomb, at Colborne Township Riverside Park and at the Benmiller General Store.

Hiking enjoys a respectable membership, with 12,000 members in 12 different associations across Ontario.

The Menesetung and Maitland associations enjoy membership of 500 and 40 members respectively.

Rod Lafontaine, who is the acting chairman of the Maitland Trail Association and vice chairman of the Menesetung Bridge Association, said the purpose of Ontario Hiking Day is to promote hiking.

"Both the local associations are interested in promoting hiking and we think that this is the best time of year to do this," said Lafontaine.

"It is fall and the weather conditions are nice and cool for walking," he added. "Plus the insects are pretty well gone, so all added up it creates the optimum time for this event."

Lafontaine said that hiking is a recreation that he feels should be promoted more.

"It is a very healthy and environmental thing to do," said Lafontaine. "It is very family orientated and provides the simplest, most economical, means of leisure."

The walk will begin at 1 p.m. and interested individuals are urged to come and explore the beauty of the local trails while nature is at its best.

