

TRANQUILITY TRAIL OPENS

PHOTOS BY JACK PAL

On Sunday, Dec. 10, on the grounds of the new Huron Residential Hospice (HRH), Wendy Hoernig, one of the founders of both the Maitland Trail Association (MTA) and the Bayfield River Valley Trail Association (BRVTA), cut a ribbon to signify the opening of the new 'Tranquility Trail'.

Hoernig remarked, "As an avid hiker, I know from many years of experience what a nourishing, restorative and positive in many ways, effect that walking in a natural environment can provide. This is a project that we all may benefit from at some point in our lives."

According to Dave Gillians, a Bayfield volunteer with HRH, "We are so fortunate to be in Huron County and to be in a position to take advantage of this beautiful rural setting. There are very few, if any, residential Hospices in Ontario that have the acreage, to create a



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nature path where family members and friends can go to get some fresh air and help them manage their grief."

The 'Tranquility Trail' is not long or difficult. It is located in the meadow and bush on the land behind the residential hospice building that is on Hwy 8 between Holmesville and Clinton.

It has been designed by Roger Goddard of the MTA and Peter Jeffers from the BRVTA to maximize the feeling of serenity and peace.

The HRH will start accepting its first residents in March 2018 and this small nature trail adds another dimension that will ease the burden for family members of residents during one of the most distressing times of their lives.



Wendy Hoernig, chats with Dave Gillians, a Bayfield volunteer with the Huron Residential Hospice, as they lead the first walk along the new 'Tranquility Trail'.



CLINTON PUBLIC HOSPITAL FOUNDATION



Ina Mae Durst (Submitted photo)

The Clinton Public Hospital Foundation (CPHF) Board of Directors is very grateful to have recently received a \$5,000 bequest from the Estate of Ina Mae Durst.

The donation left to the CPHF by Durst will be used towards a future purchase of equipment for the Operating Room at the Clinton Public Hospital.

"Donations of any size are always welcomed by the Foundation, as every dollar helps. It is always wonderful when donors are able to look ahead to leave a gift in their Will through Planned Giving. We are so appreciative that individuals are thinking about our hospital, when they are writing their Will," said Darlene McCowan, CPHF coordinator.

Planned Giving is the process of making arrangements now to provide a donation in the future. With some careful thought and sound advice, a person can leave a gift that will benefit a community and have a positive impact on the tax status of their estate. Planned Giving can provide individuals with immediate or delayed tax relief, and can help reduce the amount of income tax paid by a person or their estate. This is a way for someone to show appreciation and contribute to the health and wellbeing of family, friends and neighbors.