

Auburn's 'The Bad Thing' wraps Race Huron season



Breaking the tape

'The Bad Thing' annual race wrapped up in Auburn on Saturday, finishing the Race Huron season for the year. While it was Mark Sittlington of Elora who broke the tape for the 50-kilometre race with a time of 4:45:54, it was Seaforth's Ben Bolinger who finished the 25-kilometre course in 2:15:31. Bolinger is seen here accepting a congratulatory high five for his efforts. (Mark Royall photo)

the successful run with a good host of local businesses sponsoring the event.

Those who ran the 50-kilometre option left the Memorial Hall in Auburn at 6:15 a.m., yes that is a.m. as in "ante meridiem," meaning very, very early the morning, and were taken by bus to the Lions Harbour Park in Goderich where they began their trek. The 25-kilometre option runners left the hall at 8:30 a.m. to a halfway point where they began their run. The race followed the beautiful Maitland Trail all the way to Auburn where it ended at the Memorial Hall.

When I was interviewing a couple of the organizers they told me how the runners this year would be crossing the Maitland River. I responded, "You mean they are coming across Ball's Bridge?" "No," they said, they will be crossing at Auburn." "Oh, The Auburn bridge?" I clarified. "No, they have to actually cross through the river getting their feet wet."

Obviously this race is not for inexperienced trail runners. As the runners made their way to the finish line each one was cheered on by family and friends. Even some Auburn children had taken residence up in their treehouse where they screamed and clapped as runners passed below. The first person across the finish line for the 50-kilometre

race was Mark Sittlington of Elora who ran with a time of 4:45:54. For the 25-kilometre option Ben Bolinger of Seaforth ran the race in 2:15:31.



NEWS

FROM AUBURN

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PEOPLE AROUND AUBURN



By Mark Royall
Call 519-441-2223

It is certainly a 'thing' to be reckoned with for sure. In fact it is described as a bad thing for those who choose to embrace it. But it isn't bad in that it is not good, it's bad in that it is difficult and nasty... but still good. We are talking about the second annual "The Bad Thing" race that took place this past Saturday. The Bad Thing is the only point to point trail race in Ontario. This year 90 racers participated in

Dumpster Divers meet

Members of the 4-H Trash to Treasure Club met for their first meeting on Sept. 22. Club officers were picked: President, Emily Bieman; Vice-President, Austin Bieman; secretary, Julia DeJong; treasurer, Kiersten Bakelaar and press reporter, Katelyn Parsons.

Leaders Mary Lynn MacDonald and Denise Iszczuk showed club members how to make their own paper. Everyone made their own unique creation. Club members also got to make envelopes out of recycled magazine and newspapers.

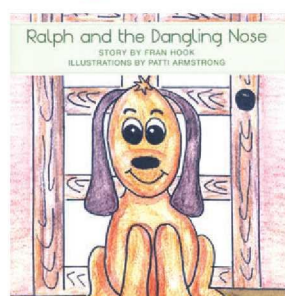
The Dumpster Divers met for their second meeting on Sept. 29. Club

members made lanterns out of tin cans. Using nails and a hammer, everyone got creative with a design and made a lantern. A sewing kit was upcycled from glass jar, stuffing and fabric. They made a pin cushion to sit on top of the glass jar lid. The group got to turn their homemade paper from the first meeting into bookmarks, tags etc. The meeting ended with the 4-H motto.

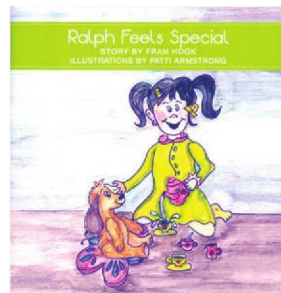
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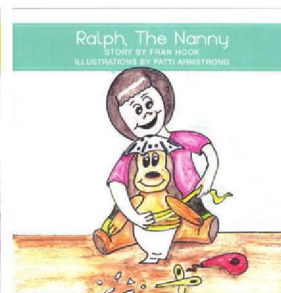
Books!!! Treats for all Ages!



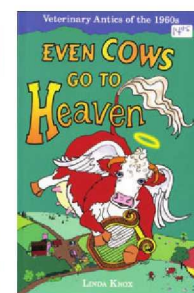
RALPH AND THE DANGLING NOSE
Egmondville author Fran Hook and Zurich illustrator Patti Armstrong tell the children's story about Ralph, the stuffed dog who, after years of loving, suffers a drooping nose before a grandmother stitches it back on. \$10.00



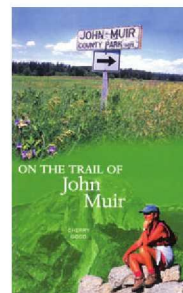
RALPH FEELS SPECIAL
Seaforth-area author Fran Hook, and illustrator Pattie Armstrong tell the continued adventures of Ralph, the stuffed door-stop dog and his creative friend Stephanie who gets him singing, dancing and joining her for tea parties. \$10.00



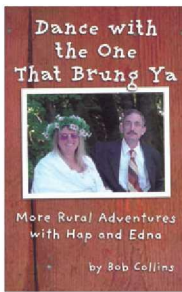
RALPH, THE NANNY
The fourth in the series of picture books features a story by Fran Hook, illustrated by Pattie Armstrong. This time Ralph, the cuddly brown door-stop dog is turned into world famous nannies by Ellie when she comes to play at her grandparents' house. \$10.00



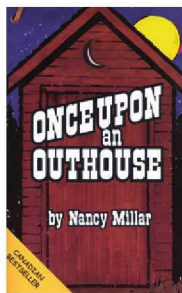
EVEN COWS GO TO HEAVEN
Linda Knox tells the often funny story of her father Melville Knox who was born near Stratford, trained at Ontario Veterinary College, and practiced veterinary medicine in Grey County for many years. \$14.95



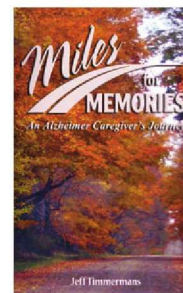
ON THE TRAIL OF JOHN MUIR
John Muir is one of North America's greatest conservationists, father of the U.S. Parks system. But he spent time in Ontario in the Grey County area after being born in Scotland. Follow his fascinating story. \$19.95



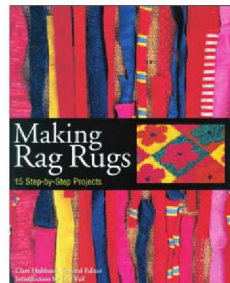
DANCE WITH THE ONE THAT BRUNG YA: More Rural Adventures with Hap and Edna
The second book of Bob Collin's humorous series on BC farm couple Hap and Edna Fitzpatrick, includes stories on Bonnie the Clyde(sdale) and a hunting trip. \$19.95



ONCE UPON AN OUTHOUSE
This Canadian bestseller offers short readings and cartoons about the history of that inconvenient convenience, once a part of every rural home. 44 pages of mirth and information. \$10.00



MILES FOR MEMORIES
At age 74 retired Perth County farmer Jeff Timmermans bicycled 8248 km across Canada over four months to raise awareness of Alzheimers which had struck down his wife Toni. He recalls that journey and their life together in this book. \$20.00



MAKING RAG RUGS:
Turn old rags into beautiful and practical additions to your home with the 15 step-by-step projects outlined in this book. Beautiful colour illustrations on materials, equipment, preparation, designs and techniques. \$22.50

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